

# **GOLF, CURL & MORE**

726 Dundas St., Woodstock, Ontario, Canada. N4S 1E7

Stick Curling is a new sport which provides challenge and excitement for people of all ages on an equal and competitive basis, and in a social atmosphere. Stick Curling is also appropriate for people with physical disabilities such as knee, back, heart, shoulder, elbow, wrist, hip, ankle, or foot problems, or just simply advanced age. The rocks are handled with a curling stick from a standing or sitting position (i.e. wheelchairs) enabling everyone to participate competitively.

## **RECENT DEVELOPEMENT:**

Stick Curling Canada, to better address the needs of our Canadian Curling Clubs, by enabling more people to participate in the sport, the rule limiting the sport to only those people using sticks has been modified. It has been modified to allow the delivery style to be the choice of the participant (i.e. curlings regular slide delivery is now allowed within the new rules). As the former name of "Stick Curling" no longer describes our sport, a new name of STURLING has been chosen.

STURLING originates from: "S" - Stick and Slide, "T" - Two Person Team, "URLING" - from our sport of Curling.